



# *Sparrow Lake Camp*

Facility Booking Information  
2022-23

*A Home Away from Home Since 1912*



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## Our Facilities

### Sleeping Quarters

Building Name	Number of buildings	Sleeping Capacity	Heating & Insulation	Showers/ Toilets
Camper Cabins	13	12	No	No*
Leadership Academy	1	26 (2 x 12 bed dorm rooms + 2 private rooms)	Yes	No*
Nurse's Clinic	1	2-3	Yes	Yes
1-3 Bunk Staff Cabins	12	1-3	No	No

**Total Beds: 200+**

\*Group Washroom facilities are located in a central washroom/shower house. Portable toilets available upon request for a nominal fee.

### Program Buildings

Building Name	Description	Capacity	Heating/utilities
Massey Hall	Large rec hall with stage	250	Stone Fireplace, power
Dining Hall	Kitchen & dining area	155	Stone Fireplace, power
Craft Building	Arts and crafts area	35	no heat, power, water
Director's Offices	Offices	20	heat, power, wifi
Treehouse	Inside program space on stilts	15	no utilities

### Other Program Facilities



Camper Cabins

- Low Ropes Course
- High Ropes Course
- Kayaks
- Canoes
- Sail Boats
- Large Fields
- Basketball Court
- Baseball Backstop
- Swimming Area
- Camp Fire / Amphitheatre
- Nature Study Area





# Our Programs

## For Schools and Other Groups

We offer a variety of programs for your participants that may have a recreational or educational focus, depending on your needs. While custom made programs are available, these are some of the ones we typically offer:

### Team Building (low ropes)

One of our more popular programs is designed to teach participants about working in a group in an exciting and engaging way. The mentally and physically demanding initiatives are tailored to the inclusivity needs of the group, and are designed to develop trust, communication, problem solving, perseverance and respect.

**Health & Physical Education, Grades 3-12**  
1.5 hour program requires extra group supervision

### Wonders of Wilderness

Participants learn about the wonderful natural world around them in this hands-on activity. Along with plenty of plants, animals, bugs, and birds to discover, participants can also learn about orienteering, or play a fun nature-based games.

**Science, Geography, Grades 1-12**  
1.5 hour program

### Arts & Crafts

Our craft building is a hot bed of creativity, and your campers are invited to join the fun. With craft activities from the simple to the elaborate, there's something for kids of all ages and skill levels.

**The Arts, Grades 1-12**  
30 minute to 1.5 hour program

### Sports & Games

Basketball, Soccer, Baseball, along with camp classics like Flags, Survival, and Man Hunt are on offer for kids of all ages. All activities are adaptable for all abilities.

**Health & Physical Education, Grades 1-12**  
30 minute to 1.5 hour program

### Target Sports

Safety and learning are top of mind in this camp classic activity. With our trained instructors to guide them, campers will learn the basics of shooting targets on our range.

**Health & Physical Education, Grades 4-12**  
45 minute 1.5 hour program

## Performing Arts

Kids build confidence as they learn to perform together in our rec hall. Skits, videos, songs, and dances, can all be part of this fun activity. A talent show could also be arranged to showcase some of your group's amazing abilities.

**The Arts, Grades 1-12**  
30 minute to 1.5 hour program

## High Ropes & Rock Climbing

Taking hold of an amazing opportunity to try something exciting and new, campers challenge themselves as individuals and as a group on our professionally supervised high ropes and climbing course.

**Health & Physical Education, Grades 3-12**  
1.5 hour program

## Swimming

There's no better way to stay cool during the summer than to take a trip to our guarded beach! Once all participants have completed a mandatory swim test, swimmers can splash and play in the cool waters of Sparrow Lake.

**Health & Physical Education, Grades 1-12**  
30 minute to 1.5 hour program

## Canoeing & Kayaking

Sweeps, draws, and the J-Stroke are just some of the skills campers can learn as they discover this classic Canadian activity. Our fleet of canoes and kayaks are waiting for kids to take them on an adventure!

**Science, Health & Physical Education, Grades 3-12**  
1.5 hour program







# *Our Facilities*



Ropes Course



Dining Hall



Massey Hall



Playing Field & Dining Hall



Camper Cabin Interior



Swimming Area & Sparrow Lake



Dining Hall Interior



Crafts Building





# Booking Information

## CAMP RENTAL RATES

All rates subject to HST and are subject to change. Please enquire directly to confirm a rate for your group. Prices are in Canadian Dollars.

### Shared Use - Cabin Rental

Minimum 20 person group size. Minimum 2 night stay on weekends. Groups share use of dining hall, activities, washrooms. Each group will have their own cabins with an occupancy of up to 10 people from your group. Activities and meals not included.

	Bunk Rate
Adult (13+)	\$25 per person/night
Child (5-12)	\$20 per person/night

Children 4 & under are free - must be accompanied by a paying adult.

One adult supervisor (18+) per 10 children is free of charge.

### Exclusive Use of Property

Minimum 50 person group size. Up to 160\* people. Minimum 2 night stay on weekends. Groups have exclusive use of the entire 120 acre facility and buildings with the exception of Sparrow Lake Staff accommodations. Activities and meals not included.

	Base Rate (includes 50 people)	Additional People
Adult (13+)	\$1000 per night	\$10/night
Child (5-12)		\$7.50/night

Children 4 & under are free - must be accompanied by a paying adult.

\*Please contact us regarding additional people over 160. The site can hold hundreds, however certain limitations apply. Tents and trailers can be accommodated, subject to conditions.

### Day Use Rates (9am-5pm)

Shared use of property, subject to availability. Activities and meals not included.

	Camp Entry
Adult (13+)	\$10
Child (5-12)	\$7.50

Children 4 & under are free - must be accompanied.

### Kitchen Use - \$250/day

Includes use of all equipment, service wear, garbage disposal, chemicals, and fuels.

### Cleaning - \$250/day

Daily washroom clean and check 2x daily, sweeping/mopping of common buildings, garbage disposal, cleaning at end of stay.

## Meals

Each meal is served buffet style in our dining hall. We can accommodate requests for vegan, lactose-free, and gluten-free diets. Please speak to us regarding other dietary needs. We do not allow nuts in our kitchen, but are unable to guarantee against possible contamination.

	Per Person aged 5+
Breakfast	\$7
Lunch	\$12
Dinner	\$18

Children 4 & under eat free - must be accompanied by a paying adult.

## Activities

All activity areas must be supervised by a qualified person, subject to our approval. Activity supplies and use of equipment are not included in your rental fee.

The following rates apply for camp-provided activity instruction, which includes use of equipment and supplies.

**Instructors: \$50/hour ea.** Minimum 5 instructed hrs each day. Some instructors are capable of running multiple different activities in each day. Activities can run from 9am-dusk. Please speak to us to build a customized activity schedule and pricing. Numbers are approximate.

	Instructors Required	Capacity/ Hour
Swimming	2	25*
Sailing	1	16**
Canoe/Kayak/SUP	1	30
Crafts	1	24
Wonder of Wildreiness	1	14
Ropes Course	2	14-24***
Target Sports	1	14
Low Ropes	1	14
Climbing Wall	1-2	12-24
Sports & Games Equipment	\$50/day - no staffing required	

\*Additional swimmers, over the initial, 25 require 1 additional lifeguard for each group of up to 25 swimmers. eg. 65 swimmers require 4 lifeguards.

\*\* Sailing instruction is not included - all sailors must know how to sail.

\*\*\* Capacity depends on elements used.





## Insurance

Sparrow Lake United Church Camp carries comprehensive liability insurance for all programs it runs, including school day use and overnight trips. All overnight groups **must provide a certificate of insurance** naming Sparrow Lake United Church Camp Inc. as an additional insured on your policy.

## Making a Booking

To make a booking, contact Executive Director, Brendan Turner at [brendan@sparrowlakecamp.com](mailto:brendan@sparrowlakecamp.com), or phone at 416-471-6226

## Securing Your Booking

To secure a booking, return the signed Camp Rental Contract and mail a nonrefundable deposit of \$250 per booking. We will also require a copy of an insurance certificate naming Sparrow Lake Camp as an additional named insured on a policy of at least \$2 million dollars. Both the deposit and Certificate of Insurance must be received by Sparrow Lake Camp within 2 weeks of the confirmation of the booking. Cheques should be payable to "**Sparrow Lake Camp**".

## Changes & Cancellation

If you need to make any changes to your booking or cancel your booking, please email [brendan@sparrowlakecamp.com](mailto:brendan@sparrowlakecamp.com).

Because groups make bookings so far in advance:

- A group that cancels 30 days or more before the arrival date will not have their deposit refunded.
- A group that cancels less than 30 days before the arrival date will be charged the full fee shown on the signed contract.
- Please provide at least 2 weeks notice of changes to your group numbers to avoid being charged for unused food.

## Confirmation of Number and Payment

Final numbers are to be confirmed two weeks before booking. That is the number needed for program staffing and menu planning. The group will be given a 10% no show grace. *I.e. If you confirm 50 people and arrive with 25 participants, you will be billed for 45 people due to food and staffing costs.*

**Payments required on arrival, or group will be invoiced, net 30 days.**







## Things to Do

### Pre-Planning

It is important that the supervisor of the outing prepare the participants before their visit to Sparrow Lake Camp. The participants should be mentally, physically and emotionally ready for the experience. Preparing them for the actual activities with videos, pictures, doing clothing and or equipment demonstrations would assist in making the visit more successful. If you need assistance with pre-planning, please contact our Director.

### Payment

It is recommended that the money be collected from each participant before your departure; then you will not be caught short for the "no-shows". A \$250 deposit is required 2 weeks prior to arrival. The balance owing may be paid the day of your visit, or you will be invoiced by mail. Cheques can be made out to Sparrow Lake Camp.

### Prior to Arrival

- Send in deposit and copy of insurance
- Confirm final numbers and programs 2 weeks prior to your visit
- Confirm any dietary needs and allergies 2 weeks prior to your visit Prepare participants for visit including clothing they should bring
- Divide participants up into cabin and activity groups
- Divide participants up into table setters and clean-up crews for each meal

### On Site Responsibilities

- Sign invoice and/or make payment
- You will be held accountable for any/all charges incurred by the group including charges related to damaged facilities and/or stolen equipment.
- Assist the camp staff in keeping control of the group (behaviour management & respect)
- Complete our program evaluation form
- Reserve your dates for next year

### Follow-Up

To accomplish the most from your visit, a debriefing session, activities and/or assignments should be done in the classroom to close the experience back at school. This will encourage the participants to reflect on what they learned and how the experience ties into the group's original goals and objectives. This will excite them for their next visit.

Please provide the camp with any feedback positive, or negative that was disclosed back at the office. It is important to Sparrow Lake Camp to continually improve. Contact the Executive Director Brendan Turner, [brendan@sparrowlakecamp.com](mailto:brendan@sparrowlakecamp.com)





# Sample Schedule

## Friday

5:00pm	Arrive
5:30	Dinner
6:30	Camp Tour & Free Time
7:30-8:30	Evening Program
8:30	Snack
10:00	Cabin Time
11:00	Lights Out

## Saturday

7:00am	Polar Bear Dip
8:00	Breakfast
9:30 - 10:50	Activity One
11-12:20pm	Activity Two
12:30	Lunch
2:00 - 3:20	Activity Three
3:30 - 5:00	Activity Four
5:30	Dinner
7:00 - 8:30	Evening Program
8:30 - 9:00	Snack
10:00 - 11:00	Cabin Time & Lights Out



## Sunday

9:00	Breakfast
10:00 - 11:00	Closing Activity
11:00 - 11:30	Pack & Clean Cabins
11:30	Lunch
12:15	Depart

# Packing List

Programs Run, Rain or Shine!

## Clothing

- T-shirts
- Shorts, Pants
- Long Sleeved Shirt, Sweater, Sweatshirt
- Socks & Underwear
- Sleeping bag, pillow, pyjamas
- Bathing Suit
- Flip flops or sandals
- Closed toed shoes

- Insect Repellent
- Hygiene Products
- Hat
- Sunscreen
- Refillable water bottle

## Personal Items

- Rain Jacket
- Toiletries
- Towel
- Hairbrush/Comb
- Soap and Shampoo

## Optional Items

- Flashlight
- Camera





## Required Information

### Catering Information

All groups who are using Sparrow Lake Camp provided catering must provide the camp with a list containing the following information *for those with different dietary needs* at least 2 weeks before your arrival:

Name	Dietary Requirements	Severe Allergy
Happy Camper 1	Halal, Vegetarian	Pine nuts
Happy Camper 2	Gluten Free	etc...

In general, we are able to provide for the following dietary needs:

- Halal\*
- Kosher\*
- Vegetarian\*
- Gluten Free\*

We do not purposely serve food containing nuts at any meal, and ask that groups do not bring food containing nuts to Sparrow Lake Camp.

\*Please note that our kitchen produces food for all campers in the same space, have one set of service wear, and are unable to promise that all food will be 100% free of any kind of cross-contamination. If you have a serious dietary concern and require strict adherence to certain rules, please contact the camp Director so that we can better understand your needs. In some cases, we may advise participants to bring their own food, and will not charge a food fee to these campers.



### Activity & Accommodation Information

All groups who are using Sparrow Lake Camp provided activities must place campers in activity groups of up to 12 individuals with a roughly equal gender balance, and provide the camp with a **separate** list containing the following information *for all campers* at least 2 weeks before your arrival:

Group #	Name	Health Condition	Accommodation Needs	Severe Allergies
1	Happy Camper	Diabetic	Low vision	Pine nuts
2	Happy Camper		Uses a cane to walk	etc...

In most cases, activities can be modified to meet the needs of the group provided we have enough time to prepare. Our staff receive training in inclusive play, and carry up to date first-aid certifications.

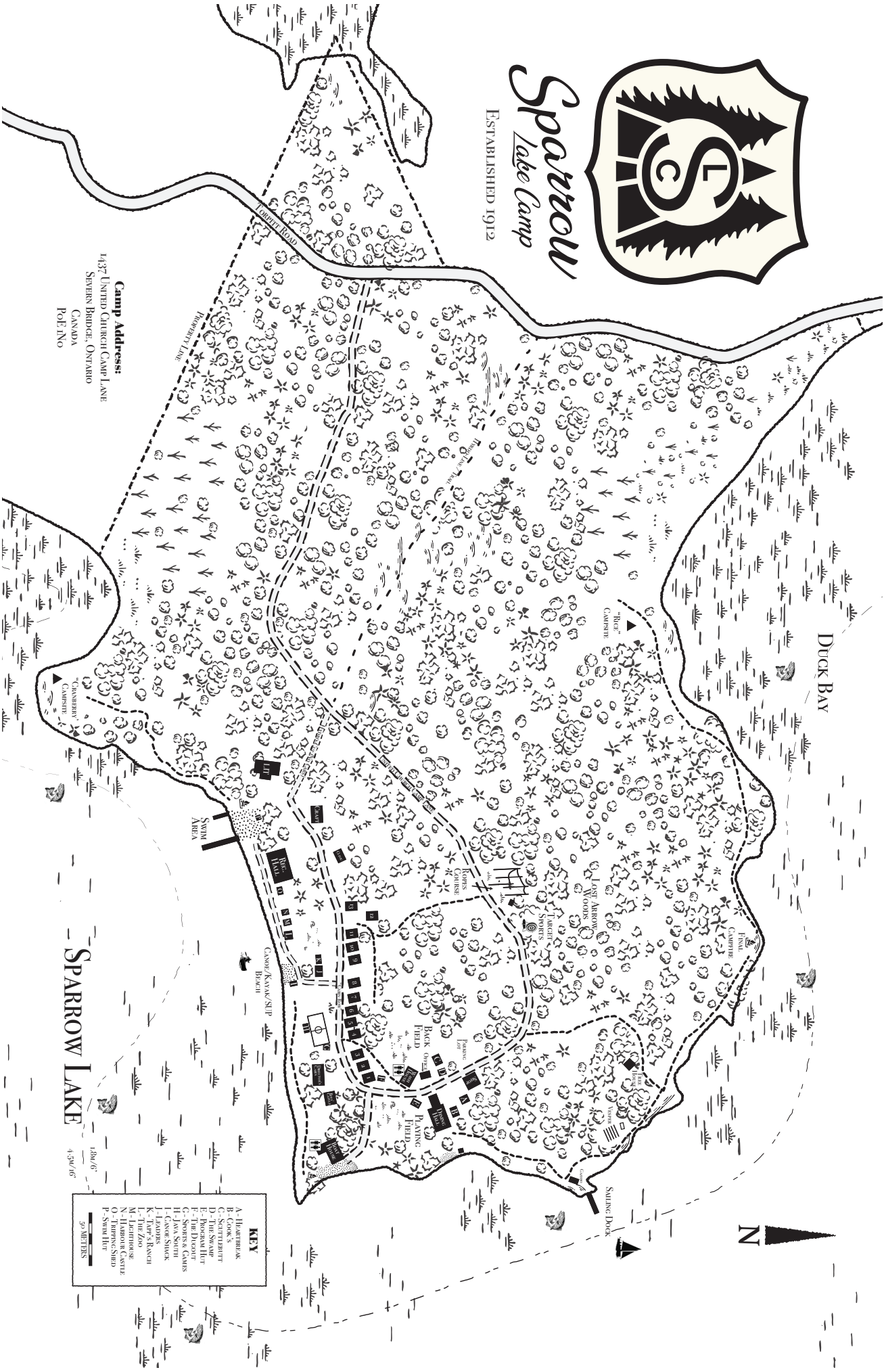




# Sparrow Lake Camp

ESTABLISHED 1912

**Camp Address:**  
 1437 UNITED CHURCH CAMP LANE  
 SEVEN BRIDGE, ONTARIO  
 CANADA  
 P0E 1N0



## SPARROW LAKE

1.88/06'  
 4.5W/06'

KEY	
A - Heartbreak	
B - Cook's	
C - Scatterbrut	
D - The Swamp	
E - Broadland Hill	
F - The Swag	
G - Sports Camp	
H - Java South	
I - Camp Slick	
J - Leathers	
K - The Pines	
L - The Pines	
M - Leathers	
N - Harbour Castle	
O - Terrace/Sid	
P - Snow Hill	

50 METERS





# Sparrow Lake Camp

- KEY**
- A - HEAVYBREAK
  - B - COOK'S
  - C - SCOUT LEADER HUT
  - D - THE SWAMP
  - E - PROGRAM HUT
  - F - TRINE DISCOURT
  - G - SPORTS & GAMES
  - H - JAVA SOUTH
  - I - CANOE SHACK
  - J - LEADERS
  - K - TAPP'S RANCH
  - L - THE ZOO
  - M - LIGHTHOUSE
  - N - HARBOR CASTLE
  - O - TRIPPING SHED
  - P - SWIM HUT



SWIM AREA

SPARROW LAKE

SAILING DOCK