

SPARROW LAKE CAMP PACKING LIST – 2 WEEKS

WHAT TO PACK

CLOTHING

- 11 T-shirts (many colours)
- 4 Shorts
- 3 Pants
- Long Sleeved Shirt
- 3 Warm Sweaters/Sweatshirts
- 14 pairs of Socks
- 12 pairs of underwear
- 2 pairs of Pajamas
- 2 Bathing Suits (1 piece suits only)
- 2 Pairs of running shoes
- Sandals and Rain boots
- 2 Hats
- Light jacket
- Rain Jacket with hood

BEDDING

- Pillow
- Sleeping Bag for out-trip
- Sheets (if preferred) (single)
- Extra blanket

TOILETRIES

- 2 Towels
- Toothbrush
- Toothpaste
- Hairbrush/Comb
- Shampoo
- Soap
- Insect Repellent
- Sunscreen (SPF 30 and above)
- Hygiene Products

ADDITIONAL ITEMS

- A reusable Water Bottle (required)
- Writing materials (paper, pens, pre-addressed envelopes and stamps)
- Flashlight
- Plastic Cup
- Books
- Playing cards/travel sized activities
- Camera
- Stuffed animal
- Musical instrument
- Something to tie-dye (optional)

NOTE: The list above is just a suggestion. There may be items that we have not listed. Please use your discretion when packing.

WHAT NOT TO PACK

- Illegal drugs, alcohol and cigarettes
- Cell Phones
- Personal Electronics (ipods gaming devices, MP3s,etc)
- Food
- Pocket Knives
- Valuables
- Money
- Any fire starting device

CELL PHONES

Cell phones have a real purpose in our fast paced home lives that has much to do with security, the communication of ever changing schedules and the “comfort” to children and their parents or guardians of instant contact anytime anywhere. Kid’s cell phones make good sense for reasons of contact and security at home. But these issues of daily adult life are not part of the everyday life at summer camp. Cell phones only impede the camp experience for a child. Campers with cell phones are less likely to turn to their counsellors or cabin mates for assistance, support or even just someone to talk to. Often it’s easier to just call or text mom or dad or the friends back home. Cell phone campers tend to become isolated from camp life rather than joining in and developing the combination of independence and interdependence that the camp experience provides. Should your child experience homesickness, cell phones will only prolong it. For these reasons we ask that all cell phones stay at home. If there is an issue concerning your child we will communicate with you on how we are helping your child.

OTHER PERSONAL ELECTRONICS (IPODS, ELECTRONIC GAMING DEVICES, etc)

Camp is a dirty, wet and sometime rough and tumble place, and as such personal electronics often don’t hold up very well. These electronic devices also impede your child’s opportunity to build relationships with cabin mates. Since we cannot guarantee the security of these costly and fragile devices we request that they stay at home. To be clear, **Sparrow Lake Camp is not liable for any misplaced or broken cell phones or electronics.**

PACKING FOR CAMP

Some considerations

Sparrow Lake Camp is all about getting outdoors and enjoying the wonders of nature! As such, your child will need all types of clothing to be sure that they are prepared for the weather at camp. We will be outside most of the day, so when packing please keep sun protection in mind.

Since we all share space in the bus luggage compartment and in the cabins, we ask that when packing you keep the size of your luggage in mind. As a general rule (with the exception of the very little ones) we ask that campers not bring more luggage than they are able to carry themselves in 2 trips.

We play lots of team games at camp. Your child will find it useful to have shirts of different colours. Typical colours that would be good to have are red, blue, green and yellow.

Please keep in mind that we do not provide laundry services (except in emergencies, of course) to our PeeWee, One Week or Traditional campers.

LOST AND FOUND

Despite our best efforts, many items are left at camp at the end of every camp session. We would love for everything that was sent to camp to return home! Please make sure that all items are labeled! Often the little ones (and the big ones, for that matter!) won't know what is theirs. If items are labeled properly our staff can make sure everything ends up with the right kid on the last day of camp! Please involve your child in packing so that they know what came with them to camp. Another tip may be to send a list of all items packed so that they can check their baggage at the end of the session.

If your child has lost any items please contact the camp during the summer months. If the camp is closed, please contact the registrar. Any items that are left behind are kept in our Lost and Found until the Thanksgiving Holiday, at which time any item that is not claimed is donated to charity.